



**PY-020106**

Seat No. \_\_\_\_\_

**First Year Post Basic B. Sc. (Nursing)  
Examination**

**August - 2018**

**Nursing Found. Inclu. Nutrition & Dietetics**

Time : **3 Hours**]

[Total Marks : **75**

**SECTION - I (45 Marks)**

- 1 Long Essay : (any two) 2×10=20**
- (1) Discuss the legal and ethical issues in nursing.
  - (2) Define Nursing Process, List the purposes of written care plan, Explain the steps in nursing process in detail with examples.
  - (3) Define the term Health. Describe the factors influencing health and illness. Explain Health Promotion Model.
- 2 Short essay : (any three) 5×3=15**
- (1) Stress and Adaptation.
  - (2) Functions of a Hospital.
  - (3) What are the stages of social development ?
  - (4) Quality Assurance in nursing.
  - (5) Factors affecting blood pressure.
- 3 Very short essay : (any five) 2×5=10**  
(Expand the following Regulatory bodies of Nursing and list any 4 functions of each)
- (1) TNAI
  - (2) SNA
  - (3) INC
  - (4) GNC
  - (5) ICN
  - (6) CMAI

**SECTION - II (30 Marks)**

- 1** Long Essay : (any **one**) **1×10=10**
- (a) Mention the nutritional problems in India and discuss the current national nutritional programmes.
  - (b) Discuss the role of Vitamin A in detail.
- 2** Short essay : (any **two**) **2×5=10**
- (a) Functions of carbohydrate
  - (b) Clinical features of vitamin C deficiency.
  - (c) Advantages of breast feeding.
  - (d) Moist heat methods of cooking.
- 3** Very short essay : (any **five**) **2×5=10**
- (a) PEM
  - (b) Balanced diet
  - (c) Weaning
  - (d) Sources of Iron
  - (e) Food hygiene
  - (f) Causes and symptoms of dehydration
  - (g) What are the deficiency diseases caused by Iodine ?
-